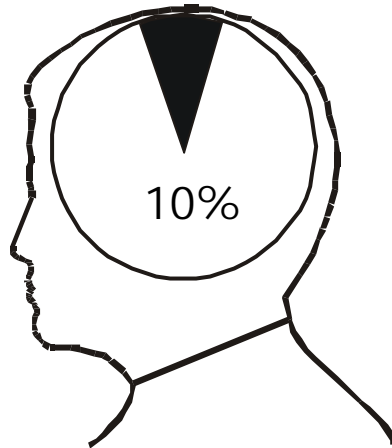
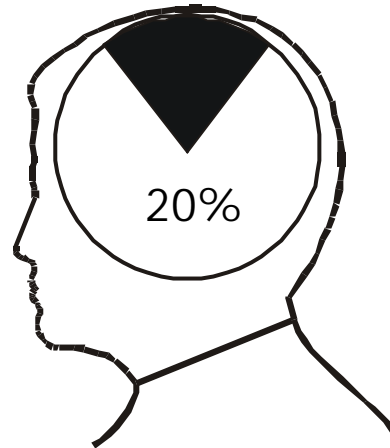


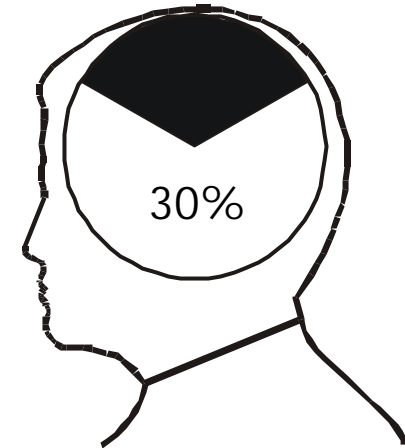
Wir behalten ...



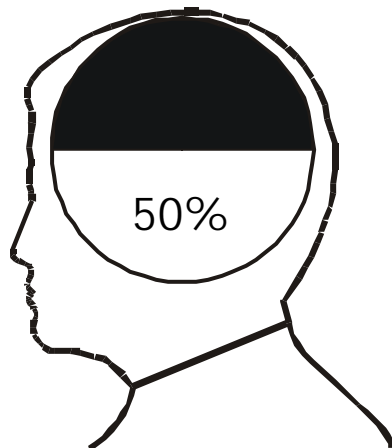
10% von dem,
was wir lesen.



20% von dem,
was wir hören.



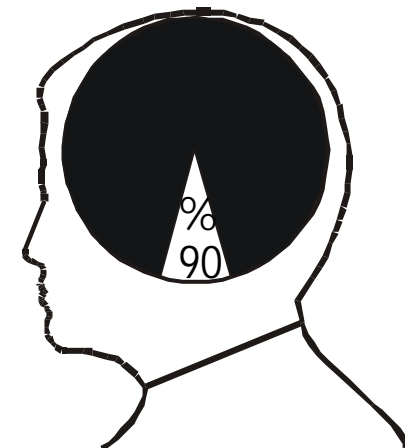
30% von dem,
was wir sehen.



50% von dem, was
wir hören und sehen.



70% von dem, was
man selbst sagt.



90% von dem, was
man selbst tut.